

WESSEX CENTRES RALLY 2018

Rules for the 5 a-side Football Competition

- 1 **Lightweight footwear and shin pads to be worn you to supply**
- **NO STUDS OR BLADES**
- 2 Each game, in the rounds, shall be of 2 halves of 6 minutes duration each.
The Semi Finals and the Final shall be 2 halves of 8 minutes duration each.
- 3 Play shall begin with the drop of the ball.
- 4 No Off sides.
- 5 Ball not to be played over head height.
- 6 Throw ins and corners shall be bowled underarm into the field of play.
- 7 Defenders to be at least 2 meters away from the ball at free kicks.
- 8 No sliding tackles or charging of any kind shall be permitted. A free kick will be awarded.
- 9 No back passes to the goalkeeper and no outfield players are to enter the goal area. A free kick will be awarded at least 2 meters from the area.
- 10 Goalkeepers must release the ball using an underarm throw only.
- 11 Goalkeepers are not permitted outside of area.
- 12 All free kicks are direct.
- 13 Penalties and free kicks are to have a maximum run up of 3 meters.
- 14 In the event of a tie after the rounds, up to and including semi-final, penalties will decide the winning team. Each of the 5 players in each team will take a penalty. If a tie still exists it will be decided by sudden death.
FINAL ONLY - If the teams are tied at fulltime a further 3 minutes each way (Extra Time) shall be played. If after extra time the teams are still tied penalties shall be used to determine the winners as per the rounds.
- 15 Each team will be allowed to use 1 substitute per game.
- 16 Players may play for one team only.
- 17 Teams must report to the Centre Organiser at the Arena 5 minutes before Kick off.
- 18 If a Team is 5 minutes late for the game their point may be forfeited.
- 19 THE REFEREES DECISION IS FINAL!

General rules and comments apply to all grievances and disputes. In the first instance you MUST contact your Centres Wessex Representative. Failure to comply may result in points being deducted from your centres overall score.

AGE GROUPS GROUP 1 – 18 years and over
 GROUP 2 – 13 years old up to and including 17 years old
 GROUP 3 – 7 years old up to and including 12 years old

(GIRLS CAN BE INCLUDED IN GROUPS 2 & 3 ONLY)

Mixed Centre Teams: Any points awarded to a mixed Centre team will be allocated to the Centres on a pro-rata basis for the Centres involved in that team

Pitch Size 50 yards x 25 yards approx
Goal Area 7 yards radius
Goal Posts 14ft wide x 4ft high

Organising Centre DEVON AND CORNWALL

Organiser:- Mr Martin King
 63 Raddicombe Drive
 Brixham
 Devon
 TQ5 HA

[Tel:- 01803 852658](tel:01803852658)

IF YOU WOULD LIKE TO ENTER A TEAM PLEASE REMEMBER TO PROVIDE A REFEREE AND LINESMAN AS THE COMPETITION CANNOT BE RUN WITHOUT THEM.

PLEASE NOTE THAT THIS COMPETITION HAS BEEN ORGANISED FOR THE ENJOYMENT OF BOTH PLAYERS AND SPECTATORS. IT IS IMPORTANT THAT SPORTSMANSHIP IS SHOWN BY ALL.
THANK YOU FOR YOUR CO-OPERATION.

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