

WESSEX RALLY 2018 FAMILY FUN RUN

Suggested distances

FUN RUN GIRLS	7-11	1 KM
FUN RUN BOYS	7-11	1 KM
FUN RUN GIRLS	12-14	2.5 KM
FUN RUN BOYS	12-14	2.5 KM
FUN RUN GIRLS	15-17	5 KM
FUN RUN BOYS	15-17	5 KM
FUN RUN WOMEN	18+	5 KM
FUN RUN MEN	18+	5 KM

COMPETITION RULES

Spiked shoes must NOT be worn; competitors doing so will be disqualified. No hindrance to be given by marshals or spectators.

Only marshals at water stations may assist runners. Except in an emergency.

OBGLIGATIONS

All centres to provide 2 members for water stations and 6 members to act as marshals.

This event will be turn up on the day to take part.

This is now a "no points" event

Organising Centre : Wiltshire

Mr Geoff Randell

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